

**Where do you want to be when you grow up?**  
*Proactive Retirement Day Helps Greensboro Residents with Answers*

**GREENSBORO, N.C. – Sept. 6, 2006** – Recognizing that 29.1 percent of the population living in Guilford and Forsyth counties is nearing or in retirement – and that retirement is as much an emotional and lifestyle issue as it is a financial one – Dixon Hughes Wealth Advisors announced it will host Proactive Retirement<sup>SM</sup> Day on Wednesday, September 27, at the Grandover Resort and Conference Center.

Proactive Retirement Day will feature eight leading financial and lifestyle experts that will present strategies to help high net worth individuals navigate the waters of retirement. The day's ten fast-paced and informative sessions are designed to help participants successfully manage the 5 P's of retirement:

- **Planning for transition** – Preparing for the changes that will take place in retirement, including how to remain active, independent and happy.
- **Personal fulfillment** – Developing skills to strengthen your most important relationships, including learning how to make choices that create balance and energy in life.
- **Physical well-being** – Understanding the important health and healthcare issues that many face in retirement, and how to be financially prepared for them.
- **Protecting your wealth** – Protecting investments and making smarter financial decisions to live the lifestyle you envisioned during retirement.
- **Passing it on** – Maximizing the ability to build, protect and distribute one's wealth, and leaving behind a legacy that reflects one's hard work and accomplishments.

"The transition into retirement is far more difficult than most people recognize, and many people focus solely on being prepared financially," said Steve Morton, managing partner of Dixon Hughes Wealth Advisors. "Proactive Retirement Day is structured to give participants the tools they need to create proactive, individualized strategies to live happily ever after, both personally and financially."

The keynote luncheon speaker will be Wayne M. Sotile, Ph.D., who will present "Retirement is a Marital/Family Affair." This special session provides an insightful look at how retirement impacts relationships with loved ones, and ways to identify and plan for changes in family life after retirement. Dr. Sotile serves as the director of psychological services for the Wake Forest University Healthy Exercise and Lifestyles Program and as a special consultant in behavioral health to the Center for Cardiovascular Health at the Carolinas Medical Center in Charlotte, N.C.

**About Dixon Hughes Wealth Advisors:**

Dixon Hughes Wealth Advisors LLC is a consulting firm providing comprehensive wealth management, financial planning and investment management services to high-net worth individuals and families. Dixon Hughes PLLC and Avant-Garde Financial Services, LLC joined together to form Dixon Hughes Wealth Advisors LLC in September 1999. The merger brought together the considerable resources of one of the country's largest accounting firms and the experience of a CPA's organization with over twenty years in the financial planning, investment advice and insurance arena. Focused on maintaining an objective and unbiased approach to providing analyses and solutions to clients' financial challenges, the firm provides a solid complement to Dixon Hughes PLLC's already strong tax and estate planning practice.