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FOR IMMEDIATE RELEASE

KEY RISK INTRODUCES KEYCARES™ ONLINE TRAINING

GREENSBORO, NC, January 26, 2009 – Key Risk, a leading provider of workers compensation insurance products and services for employers throughout the eastern United States, announced today the introduction of ***KeyCares Online Training***, a performance-based platform that provides Key Risk clients with an engaging, interactive learning experience aimed at creating a safe, productive workplace.

Rob Standen, president of Key Risk, announced the new training program. “We are always working to deliver better outcomes to our clients. *KeyCares Online Training* is an interactive training program developed exclusively for our clients to train their employees on the importance of workplace safety. We are committed to finding new and creative ways to help our clients protect their most important asset, their employees. Improved workplace safety is one way for business owners to combat the many challenges associated with today’s economic realities. We believe *KeyCares Online Training* will make a significant contribution.”

Web-based safety management systems save companies time and money by providing access to up-to-date safety and health training materials. Improved safety programs build employee awareness and directly contribute to the overall performance of an organization. *KeyCares Online Training* offers access to 40 different training topics that can be tailored to fit each client’s individual safety initiatives.

KeyCares Online Training is an extension of *KeyCares*, a Key Risk initiative to promote employee safety and well-being.

As specialists in the field of workers’ compensation, the Company has grown over the past four years in both employment and revenues by more than 30 percent. Key Risk is always looking for innovative ways to deliver better outcomes through their expertise, specialization, and relationships.

ABOUT KEY RISK:

Founded in 1986, Key Risk is a member company of W. R. Berkley Corporation, an insurance holding company that is among the largest commercial lines writers in the United States and operates in five segments of the property casualty insurance business: specialty insurance, regional property casualty insurance, alternative markets, reinsurance, and international. Key Risk Insurance Company is rated A+ (Superior) by A.M. Best Company, Inc.

Key Risk Insurance Company, and its affiliate, Key Risk Management Services, LLC, operate from their headquarters in Greensboro, NC, and nine regional offices located in Atlanta, GA; Alpharetta, GA; Baltimore, MD; Charlotte, NC; Columbia, SC; Nashville, TN; Raleigh, NC; Richmond, VA; and, Jacksonville, FL. For more information about Key Risk and the new *KeyCares Online Training*, log on to www.keyrisk.com or contact Lindsey Gallo at 336.544.2425, or via e-mail at lgallo@quixotegroup.com.